



**OFFICE OF THE HEAD  
P.G. DEPARTMENT OF PSYCHOLOGY  
UNIVERSITY OF KASHMIR**

**NAAC ACCREDITED GRADE 'A+'**

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**Entrance Test Syllabus for Admission in M.A. (Psychology) Programme-2025**

**Instructions:-**

- I. The entrance syllabus contains fifteen (15) units with a weightage of four (04) marks to each unit.
- II. There will be sixty (60) questions with four (04) questions from each unit.

**UNIT-I:**

- a) Origin and Development of Psychology
- b) Psychology as Science
- c) Perspectives: Cognitive, Behavioural, Psychoanalytic, Humanistic & Socio-cultural
- d) Methods: Experimental & Quasi-Experimental

**UNIT-II**

- a) Cognitive Revolution
- b) Cognitive & Perceptual Processes
- c) Learning & Memory
- d) Motivation & Emotion

**UNIT-III**

- a) Attribution Theories (Heider, Jones & Davis and Kelly)
- b) Attitude: Formation, Change and Resistance to change
- c) Group dynamics : nature & function of groups
- d) Pro-social behaviour , aggression & cooperation

**UNIT-IV**

- a) Neuron, Neuroplasticity and Hemispheric Specialization
- b) Sensory Systems
- c) Brain-body interactions
- d) Sleep and circadian rhythms.

**UNIT-V**

- a) Nature and criteria of abnormality
- b) Classification system (DSM-V)
- c) Biological, familial, cultural and behavioural perspectives of psychological disorders
- d) Cognitive & psychodynamic perspective of psychological disorders

**UNIT-VI**

- a) Anxiety disorders (separation Anxiety disorder, specific phobia and social phobia)
- b) Panic Disorder, Obsessive compulsive disorder and body dysmorphic disorder
- c) Major depressive disorder, bipolar I & II
- d) Symptoms of schizophrenia



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**UNIT-VII**

- a) Psychological testing
- b) Types of psychological tests used in clinical & non-clinical settings
- c) Personality theories & tools
- d) Intelligence Theories & tools.

**UNIT-VIII**

- a) Scaling Techniques
- b) Testing Assumptions (Parametric v/s non parametric)
- c) t-test & its types
- d) Sample Size & Effect Size

**UNIT-IX**

- a) Laboratory Research
- b) Experimental Designs
- c) Famous experiments in psychology
- d) Experiment conduction Skills

**UNIT-X**

- a) Life Span Development: Nature & issues
- b) Theoretical perspectives, Methods & Designs in Life Span Development
- c) Physical and cognitive development
- d) Socio-emotional development

**UNIT-XI**

- a) Foundations of Positive Psychology
- b) Positive Traits & Character Strengths.
- c) Applications & Interventions in positive psychology
- d) Positive Psychology & Wellbeing

**UNIT-XII**

- a) Health Enhancing behaviours
- b) Models of Health
- c) Health Management Techniques
- d) Stress, Psychosocial Factors and Health

**UNIT-XIII**

- a) Role of counselling in self-development, Counselling process
- b) Ethical issues in counselling; Skills of a counsellor
- c) Career, Family & marital counselling
- d) Basic Psychotherapeutic Paradigms



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**UNIT-XIV**

- a) Signal Detection Theory
- b) Webers law, Fechner's law and Steven's Power Law
- c) Asset Based Community development model
- d) Community Program development

**UNIT-XV**

- a) Organizational Psychology : History, Approaches, Challenges & Opportunities
- b) Theories of organizational behaviour
- c) Organizational Change & Development
- d) Motivation, Decision Making & Leadership